

# NMI SUMMIT 2024

## An Energetic View: Mitochondrial Nutrition for Fatigue, the Brain, and Healthy Ageing

At the centre of biology are the mitochondria. Mitochondrial dysfunction underlies most challenges we encounter clinically, especially fatigue syndromes, mental health, and ageing. The NMI Summit 2024 is a deep dive into an energetic view of health, empowering you with new insights and innovative clinical applications.

### EVENT HIGHLIGHTS:

- ✓ Special themes of mitochondrial nutrition, energy, the brain, and ageing
- ✓ 11 presentations from world-leading researchers, scientists, and clinicians
- ✓ Panel Discussion and Q&A
- ✓ Healthy morning snacks, break refreshments, and lunch inclusive
- ✓ Exhibition area featuring leading brands and services
- ✓ Conference tote bag with sponsor samples and giveaways
- ✓ Gala Evening social event included with your ticket
- ✓ Course materials including notes, supplementary research, and video recordings

### FEATURED SPEAKERS:



Professor Nick Lane



Dr. Joseph Pizzorno



Dr. Deanna Minich, PhD



Lorraine Nicolle, MSc



Dr. Iain Hargreaves



Benjamin Brown, ND



Dr. Nina Fuller-Shavel



Professor Robert Thomas



Claire Sehinson, MSc

11-12 October 2024

Millennium Gloucester Hotel · London

Learn more & book now at  
[nmi.health/nmi-summit-2024](https://nmi.health/nmi-summit-2024)



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